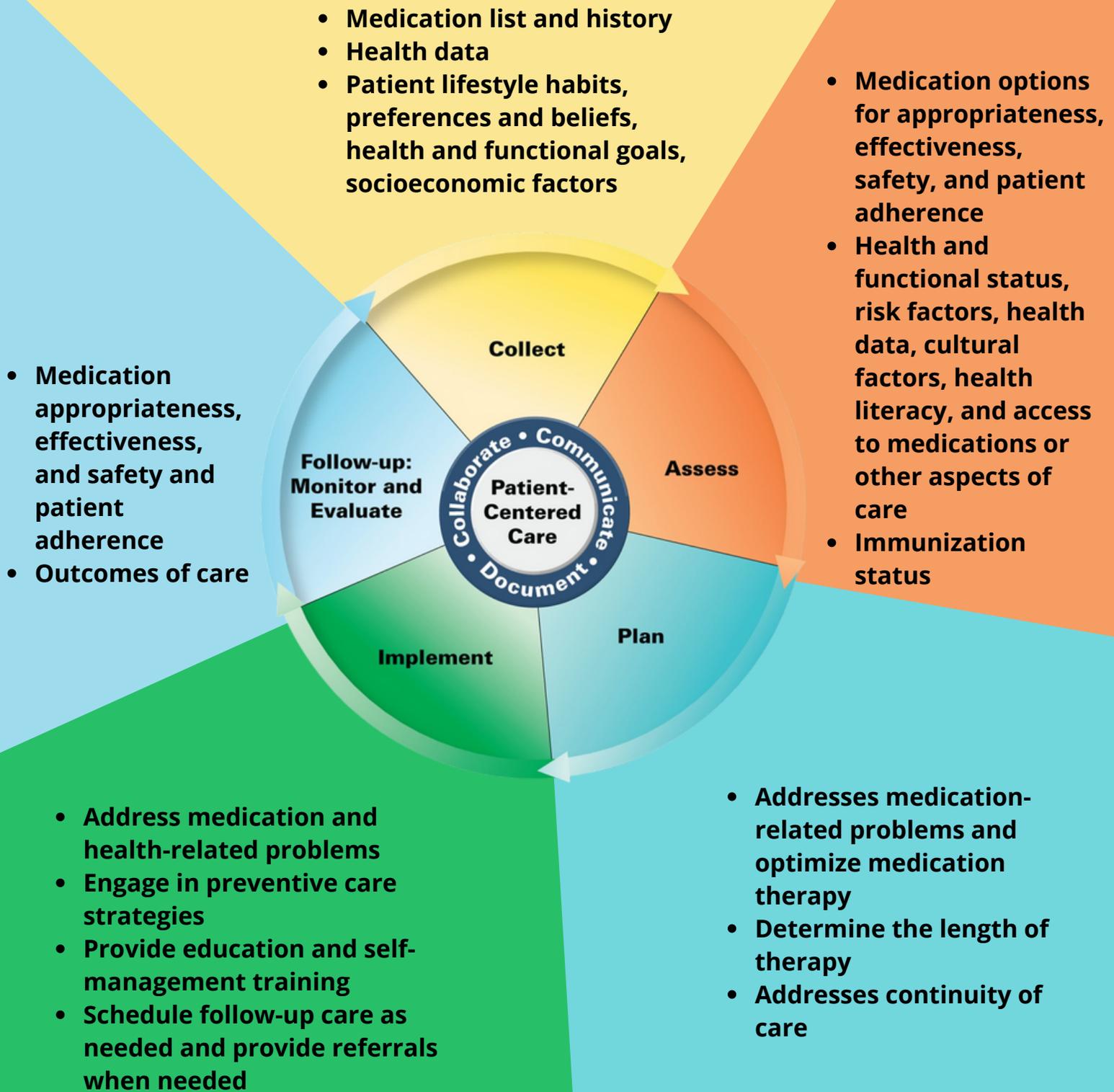


Pharmacists' Patient Care Process in Contraceptive Care



Patient-specific based on personal desires

birth control pharmacist

Collect

- Current medication list and history
Prescription, nonprescription, herbal products, other dietary supplements
- Health data
Medical history, screening questionnaires, health, and wellness information, and physical assessment findings
- Patient lifestyle habits, preferences and beliefs, health and functional goals, socioeconomic factors.
Does the **patient prefer** one contraceptive type (pill, vaginal ring, patch, injection, IUD, or implant) over another

Assess

- Medication options for appropriateness, effectiveness, safety, and patient adherence
Assess medication options, responses to screening questionnaire, MEC criteria
- Health and functional status, risk factors, health data, cultural factors, health literacy, and access to medications or other aspects of care.
- Immunization status

Plan

- Addresses medication-related problems and optimize medication therapy
Including what should be started, stopped, or changed
- Determine the length of therapy
Depending on the state in which you practice with depicting how long you can prescribe the therapy
- Addresses continuation of care

Implement

- Address medication and health-related problems
- Engage in preventive care strategies
Provide any immunization or preventive health measures the patient may need
 - Gardasil-9
 - Smoking cessation
 - Importance of pap smear and well-women visits
- Provide education and self-management training
Ensure the patient knows how to properly use the medication of choice
Provide information about the medications such as potential side effects and what to do if a dose is missed
- Schedule follow-up care as needed and provide referrals when needed
If unable to provide care to the patient, provide referrals to a provider who can better assist the patient

Follow-up: Monitor and Evaluate

- Medication appropriateness, effectiveness, and safety and patient adherence
- Outcomes of care
How the patient is doing on the medication and are they experiencing any side effect or anything else that can interfere with the use of contraception that would cause a change in therapy